



PRAYER JOURNAL

PRAY FIRST - You see and hear these words all over SalemKids. But why should we pray first? The simple answer is because that is what God wants! He wants us to call out to Him during the **best** of times and during the worst of times!

PRAYER IS HOW WE CAN SPEAK TO GOD TO SHARE EVERY PRAISE, NEED AND CONCERN OF OUR LIVES.

And the coolest part is that God wants to hear from us!

1 THESSALONIANS 5:17-18 SAYS,

“Never stop praying. Give thanks no matter what happens. God wants you to thank Him because you believe in Christ Jesus”. (NIRV)

This verse doesn't mean we walk around with our eyes closed praying all day, but it means that we should be making time regularly throughout the day to speak with the Creator of the universe!

YOU CAN PRAY:

- Before the day begins
- Before you go to school
- Before practice or games
- Before going to bed
- When something good happens
- When something bad happens
- When you have a big decision to make

In every situation - **PRAY FIRST!**

We hope that you will use this journal to begin growing in your prayer life and it helps you grow closer to Jesus!

Pastor James Waddell

LUKE 11:1

“One day Jesus was praying in a certain place. When He finished, one of His disciples spoke to Him. ‘Lord,’ he said, ‘teach us to pray, just as John taught his disciples.’” (NirV)

Jesus sets our example in how we should live our lives. Prayer was a MAJOR part of Jesus’ life on earth and He was God’s Son! That means prayer should be a MAJOR part of our lives too!

Jesus used a simple example prayer for us that we can use to learn how we can pray.

LUKE 11:2-4

*“Jesus said to them, “When you pray, this is what you should say.
“Father may Your name be honored.
May Your kingdom come.
Give us each day our daily bread.
Forgive us our sins, as we also forgive everyone who sins against us.
Keep us from falling into sin when we are tempted”.* (NirV)

Jesus didn’t mean that every single time we pray this is exactly what we should say. It is a model for us to go by.

LET’S BREAK IT DOWN.

***“Father may Your name be honored.
May Your kingdom come.”***

Start your prayer by praising God for how awesome He is! This makes sure we are focused on Him and not on ourselves. We want His plan to be fulfilled and not just about what we want done.

“Give us each day our daily bread.”

Then ask God about the things that are heavy on your heart. You have a big test coming up? Ask Him for wisdom to do your best. Have a big game today? Ask Him for strength, safety and for you to play as good as possible. Have a sick family member? Ask God for healing to be done. Just like our key truth teaches us, God wants to hear from you and about what is on your mind!

***“Forgive us our sins, as we also forgive
everyone who sins against us.”***

This part can get hard, but we need to confess our sins. That means admit where we have messed up and ask God for forgiveness. The cool part is that He will!

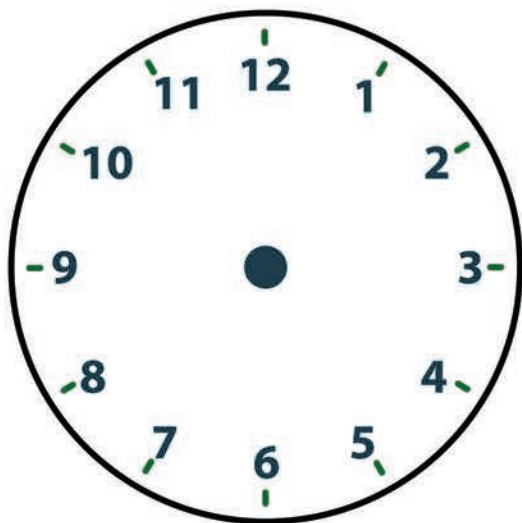
***“Keep us from falling into sin
when we are tempted.”***

Ask for His protection from sin throughout the day! It is awesome knowing that the all powerful, all knowing God will walk with you all day long!

ALL YOU HAVE TO DO IS ASK!

WHEN WILL I PRAY?

Draw hands on the clock to show what time you plan to pray each day.



AM
 PM

WHERE WILL I PRAY?

Write or draw your favorite place to pray.

A large, empty rounded rectangular box with a black outline, intended for the user to write or draw their favorite place to pray.

DAY 1

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 2

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 3

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 4

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 5

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 6

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 7

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 8

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 9

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 10

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 11

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 12

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 13

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

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DAY 14

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DAY 15

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

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DAY 16

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DAY 17

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DAY 26

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DAY 27

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DAY 28

Date _____

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WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 29

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?

DAY 30

Date _____

WHAT DO I NEED TO ASK FORGIVENESS FOR?

WHAT CAN I THANK GOD FOR?

WHAT DO I NEED GOD TO DO?

WHO DO I KNOW THAT NEEDS JESUS?



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