

# TREK: Don't Stop, Don't Give Up—God's With You.

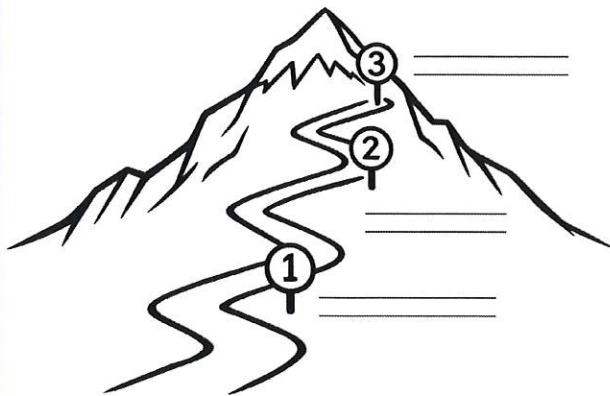
## DAY 1

### Brave Steps Forward

*Acts 4:19-20 (NIRV): But Peter and John replied, "Which is right from God's point of view? Should we listen to you? Or should we listen to God? You be the judges! There's nothing else we can do. We have to speak about the things we've seen and heard."*

Peter and John were told to stop talking about Jesus. If they didn't, bad things could happen. But Peter and John remembered all the things Jesus had done—including healing many people and raising from the dead! They knew God's Spirit was with them, so they kept going.

Activity: On each step, write one thing God has done for you. (Examples: "God made me," "God hears me," "God helps me," "God forgives me," "God gives me friends.") Then, draw a star next to one step that helps you keep going today.



## DAY 2

### Do Good, Keep Going!

*Read Galatians 6:9 (NIRV): "Let us not become tired of doing good. At the right time we will gather a crop if we don't give up"*

Our Memory Verse reminds each one of us that we can keep going. When you do good and no one notices, God sees. When you choose kindness again, God sees. When you try again after a mistake, God helps you. When you're tired and want to quit, God helps you. God will always be with you and will always help you, so keep going!

At-Home Activity: Ask an adult for 6 sticky notes. Write one good thing you can do on each note: "Help my sister," "Pray for a friend," "Share," "Tell the truth," "Say sorry," "Encourage someone." Put the sticky notes in a line on the floor like a trail up a mountain. Walk the trail and read each one out loud. Pick one to do today. Thank God for helping

**Keep going because of what God has done.**

DAY 3

## Remember the Win

*Read Acts 4:31 (NIRV): "After they prayed, the place where they were meeting was shaken. They were all filled with the Holy Spirit. They were bold when they spoke God's word."*

Peter and John didn't quit. They prayed, and God gave them courage. The Holy Spirit helped them keep going. Maybe you feel nervous or tired. Maybe homework is hard. Maybe you're trying really hard to be patient with a sibling or a kid at school. Remember, God has helped you before, and He can help you again. Pray and ask the Holy Spirit for help and guidance. When God is with you, you don't have to be afraid to keep going. You got this ... just take the next step!

Personal Reflection: Think about a time God helped you. Did someone encourage you? Did you feel calm after praying? Did God help you make a good choice? Write or draw what happened. Then finish this sentence: "I can keep going because God has \_\_\_\_\_." Say it out loud. Ask God to help you remember it this week.

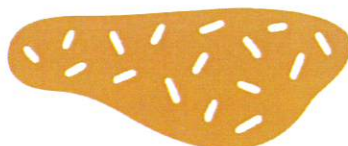
DAY 4

## Courage on the Climb

*Read Acts 4:29 (NIRV): "Lord, consider the bad things they say they are going to do. Help us to be very bold when we speak your word."*

Peter and John could have quit. But they prayed. They remembered that God was with them. And God helped them keep going. God made you. God loves you. God gave His Son for you. When you remember those truths, you have nothing to be afraid of. So don't give up! Share the good news about Jesus wherever you go! His love is too great to keep to ourselves ... tell someone about God's love!

Pray this: "God, thank You for loving me and helping me. When I feel afraid, remind me that You are with me. Help me keep going and keep telling others about You. I trust You every day. In Jesus' name. Amen."



# **TREK: Don't Stop, Don't Give Up—God's With You.**

DAY 1

## Question Climb

*Read James 1:5 (NIRV): "If any of you needs wisdom, you should ask God for it. He will give it to you. God gives freely to everyone and doesn't find fault."*

God sent Philip to help the man from Ethiopia who had big questions about God. Sometimes you might have questions about God too. Questions aren't bad; they can help you grow. God doesn't want you to stay confused. God can send people into your life who can help. He might send a parent, a teacher, a small group leader, or a friend who knows God. He can also help you find the answer in the Bible.

When you have questions, keep following God. Don't stop. Don't give up. Ask God for help. He loves teaching you.

At-Home Activity: Draw a compass with four directions: N, E, S, W. Write one question you have about God by each direction. Then circle one question to ask a trusted adult this week.

DAY 2

## The Bible Helps Us

*Read Joshua 1:8 (NIRV): "Never stop reading this Book of the Law. Day and night you must think about what it says. Make sure you do everything written in it. Then things will go well with you. And you will have great success."*

God wants to have a relationship with us. And a relationship with God is the best relationship we will ever have! We can read the Bible to get to know who God is and how to live!

If you want to know how to stay connected to God and how God wants you to live, make a plan to read the Bible. Make a plan and don't quit!

Personal Reflection: Since this month is all about perseverance—don't stop! Let's start with these devotionals! With an adult, come up with a plan for completing these devotionals. Select a time of day and a place in your home as your "devo" spot. Then gather all the things you need (like your Bible, a pen and paper, etc.) so that you're ready to spend time with God.



DAY 3

### Ask, Don't Quit

*Read 1 Kings 8:61 (NirV): "And may you commit your lives completely to the Lord our God. May you live by his rules. May you obey his commands. May you always do as you are doing now."*

Practicing piano can lead to an awesome performance at your next recital. Studying hard can lead to learning something new. Running drills over and over at practice might lead to a touchdown or a goal in your next game. The same is true when it comes to following God. It's not easy to let others go first, to walk away when someone hurts you, or to tell the truth when you might get in trouble. But if we want to show others who God is and how much God loves us, then we have to practice living for God. Sometimes you'll do that well, and sometimes you'll learn how to do it differently next time.

Activity: Blow up a balloon. Set a timer for two minutes. Can you tap the balloon and keep it up in the air for two minutes? Now set the timer for three minutes. Can you keep the balloon up in the air for three minutes? You did it! You persevered and kept going. The more we stick with something, the better we get at it, and the better we will get at perseverance!

DAY 4

### Pray for Answers

*Read Proverbs 2:6 (NirV): "The LORD gives wisdom. Knowledge and understanding come from his mouth."*

When you have questions about God or the Bible, who do you ask? Take time to pray and talk to God! He loves our questions!

Sometimes you may have to wait for an answer. And sometimes you won't get the answer you wanted. But you can trust that God loves you more than you can imagine, that God hears you every time you ask a question, and that God will give you everything you need to know for right now.

Don't stop praying. Don't give up. Ask for understanding. God loves to guide you. He is with you on every step of your trek.

Pray this: "God, thank You for loving me. Please give me wisdom and understanding. Help me ask good questions. Help me listen and learn. Thank You for being with me on my trek. In Jesus' Name. Amen."

## Keep following God, even when you have questions.

## TREK: Don't Stop, Don't Give Up—God's With You.

### DAY 1

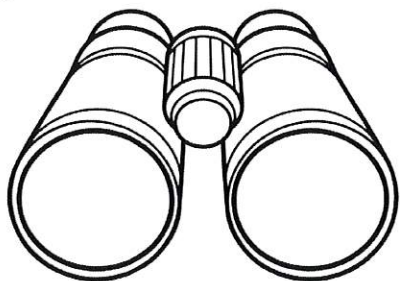
#### New Eyes on the Trail

*Read Acts 9:18 (NIRV): "Right away something like scales fell from Saul's eyes. And he could see again."*

Saul thought he was doing the right thing by stopping people who followed Jesus. But Saul was wrong. On the road to Damascus, Saul met Jesus. Saul couldn't see for a while. Then God sent Ananias to help him. Saul's eyes were opened. And his heart was opened too.

Sometimes God can help us see things in a new way. Maybe a kid in your class frustrates you, then you learn they're going through something really hard at home. Maybe you think you can't do something, then God helps you try again. God can change what you see. He can change how you think. He can change how you treat others. When God shows you something new, don't stop. Don't give up. Keep going! Trust Him on your trek.

Activity: In the left lens, draw or write something you used to think. In the right lens, draw or write a new way God wants you to see it.



### DAY 2

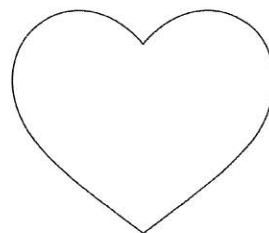
#### God Can Flip the Picture

*Read: 2 Corinthians 5:17 (NIRV): "When anyone lives in Christ, the new creation has come. The old is gone! The new is here!"*

The Bible tells us that when we choose to follow Jesus, something amazing happens—we become new on the inside! That means Jesus forgives our sins and helps us start fresh. The old mistakes we made don't have to control us anymore. With Jesus' help, we can make better choices and love others the way He does.

Being a "new person" doesn't mean we're perfect. It means Jesus is always working in us and helping us grow more like Him every day.

Activity: Turn this heart into something brand new.



Fill in the blank: It's not a heart, it's a \_\_\_\_\_.

DAY 3

## A Bright Light

*Read Psalm 119:105 (NirV): "Your word is like a lamp that shows me the way. It is like a light that guides me."*

Has the power ever gone out in your house? When it happened, what was the first thing you looked for? Probably a flashlight or candle! Without some sort of light, you'd just be stumbling around in the darkness.

God's Word is just like a light. God's Word gives us the clearest picture of how we should live. When we read God's Word, it's like a light that guides us and shows us where to go and what to do. Without it, we're lost.

---

At-Home Activity: Grab a flashlight, head to your room, turn off all the lights, and jump in bed. Pull the covers over your head and read Psalm 119:105 again. Now, think about some situations this week where you weren't sure what to do. How would reading God's Word have helped light your path so you'd know where to go or what to do in that situation? Ask God to help you have perseverance to read the Bible and listen to what God has to say.

God can help you see things in a new way.

DAY 4

## Prayer for New Sight

*Read Psalm 119:18 (NirV): "Open my eyes so I can see the wonderful things in your law."*

Paul's life changed because God helped him see things in a new way. God can help you see things in a new way too. God can help you see His love when you feel lonely. He can help you see hope when you feel worried. He can help you see courage when you feel scared. He can help you see a fresh start when you mess up.

When you ask God to open your eyes, He will help you learn. He can teach you through the Bible. He can teach you through your church. He can teach you through people who love Him and love you.

Keep trekking. Don't stop. Don't give up. God has more to show you. He will help you see what's true.

---

Pray this: "God, please open my eyes. Help me see You clearly. Help me see people the way You see them. Help me see my problems in a new way. When I feel stuck, remind me You can change my thinking. Thank You for helping me grow. I love You. In Jesus' name. Amen."



# TREK: Don't Stop, Don't Give Up—God's With You.

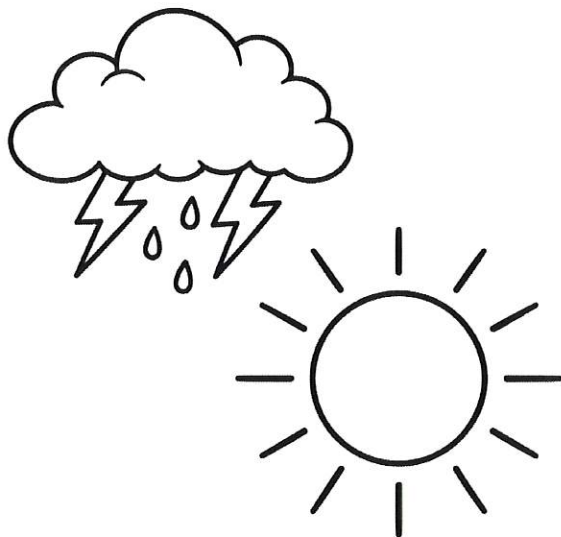
DAY 1

## Storm-Proof Trust

*Read Acts 27:25 (NirV): "Men, continue to be brave. I have faith in God. It will happen just as he told me."*

Paul was on a ship when a huge storm hit, but he didn't panic. He didn't give up on God. Bad things might happen to you or someone you know. Someone you care about might get sick. A friend might be mean. Your family might have a hard day. When bad things happen, it's normal to feel sad or scared. But you can still trust God. Don't give up on Him.

Activity: In the cloud, write one hard thing that can happen. On the sun, write 3 ways you can trust God: pray, talk to a trusted adult, remember a Bible verse, keep doing good.



DAY 2

## Hold On to Hope

*Read Psalm 56:3 (NirV): "When I'm afraid, I put my trust in you."*

Everyone feels afraid sometimes, even grown-ups! Being afraid doesn't mean you're weak. The Bible reminds us that when we feel afraid, we can choose to trust God. God is always with us, even when we can't see Him. When scary things happen, we can talk to God, ask Him for help, and remember that He is bigger than anything we fear. Trusting God doesn't always make fear disappear right away, but it helps us be brave because we know we're not alone. Don't give up on God.

At-Home Activity: Find a piece of string or yarn. Tie it in a loop that fits around your wrist. Ask an adult to help. Every time you see it today, whisper, "God is with me." If something hard happens, hold the loop and pray for help. At bedtime, thank God for staying close in your storm.



There's More! →

DAY 3

## God Is Still Good

*Read Romans 8:28 (NIRV): "We know that in all things God works for the good of those who love him."*

Have you ever tried to build something, and it didn't turn out the way you planned? Maybe a tower fell over or a picture didn't look right. That can feel frustrating! But sometimes, even mistakes can turn into something good.

The Bible tells us that God is always at work, even when things don't make sense. When something hard or disappointing happens, God can use it to help us grow, learn, or help someone else. That doesn't mean everything will be easy, but it does mean we're never alone. God sees the big picture, and He knows how to turn tough moments into something good.

When we trust God and love Him, we can believe that He is working behind the scenes, even when we can't see it.

---

Activity: Draw a smiley face in every "O" in the phrase GOD IS GOOD.

# GOD IS GOOD

DAY 4

## Prayer in the Storm

*Read Psalm 46:1 (NIRV): "God is our place of safety. He gives us strength. He is always there to help us in times of trouble."*

When bad things happen, you might feel like quitting. But you can keep going. You can take the next step on your trek. Hang on to God, even when life feels rough.

You can trust God because He is strong. You can trust God because He is kind. You can trust God because He is with you. God is your safe place.

So when a storm hits your life, take a deep breath. Pray. Ask for help. Talk to someone you trust. Remember God's promises. He will give you strength for the next step.

---

Pray this: "God, sometimes bad things happen, and I feel scared. Please help me trust You. Remind me You are my safe place. Give me strength when I feel weak. Help me remember You are always with me. Thank You for loving me, even in the storm. In Jesus' name. Amen."

## Don't give up on God when bad things happen.



# TREK: Don't Stop, Don't Give Up—God's With You.

DAY 1

## The Best Ending Ever

*Read Isaiah 25:8 (NirV): "He will swallow up death forever. The LORD and King will wipe away the tears from everyone's face."*

The Bible says heaven is a place where God will make everything right. No more tears. No more pain. No more sadness. One day, God will fix everything that's broken. That's why you can keep going! When you feel tired or worried, remember that at the end of the story, God wins. God loves you. It's like climbing a mountain. The climb is hard, but the view at the top is amazing. And heaven is the very best view because God will be with His people forever.



Activity: Draw what you think heaven will look like.

	<div style="border: 1px solid black; width: 30px; height: 30px; margin: 0 auto;"></div> <p>From: Heaven</p> <hr/> <hr/> <hr/>
--	---

DAY 2

## Hope for the Hard Days

*Read Romans 8:18 (NirV): "What we are suffering now is nothing compared with our future glory."*

Have you ever had to wait for something really good? Like your birthday, a vacation, or a special surprise? Waiting can feel hard, especially when things aren't fun right now.

The Bible tells us that even when we go through tough times, God has something amazing planned for us. Hard days don't last forever, but God's promises do. One day, God will make everything right. There will be no more sadness, pain, or fear. The joy God has waiting for us will be so great that it will make today's troubles seem small. When life feels difficult, we can remember that God sees the whole story, and the best part is still coming!



Think About It: What is something hard you're going through right now? How does it help to know that God has good things planned for your future?

---



---



---



---



DAY 3

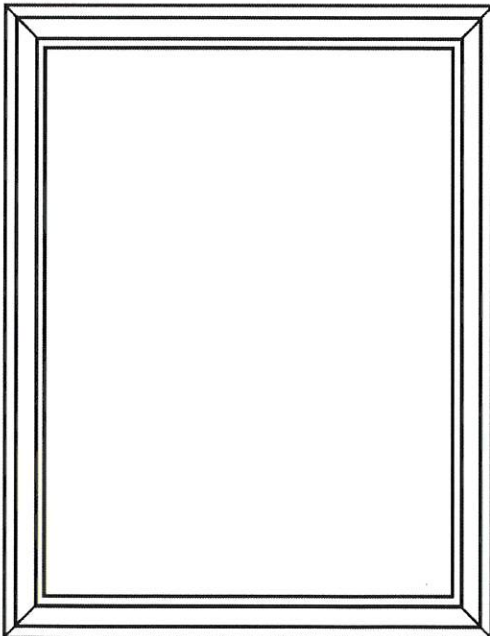
## Imagine the Joy

*Read Revelation 21:3 (NIRV): "Look! God now makes his home with the people. He will live with them. They will be his people. And God himself will be with them and be their God."*

God sent Jesus to make a way for us to be with Him forever. God promises a future where everything is right, and we are safe with Him. God loves you so much that He wants you to be with Him forever. That is the best news!

---

Personal Reflection: Who do you want to see in heaven one day? Draw a picture of some of the people you hope to see in heaven.



DAY 4

## Prayer for the Finish Line

*Read John 16:33 (NIRV): "In this world you will have trouble. But be encouraged! I have won the battle over the world."*

Jesus knew that life wouldn't always be easy, and that's why He told us this verse. Jesus reminds us that even when troubles come, we don't have to be afraid. He has already won! He defeated death and rose from the grave! Jesus is stronger than any problem, fear, or mistake. When we trust Him, we can be brave because we know He is always with us and will help us through anything we face. No matter what kind of trouble comes your way, remember this: Jesus has overcome the world, and He will help you overcome hard things too.

---

"God, thank You for heaven. Thank You that You will make everything right in the end. Please comfort people who are hurting. Help me live with hope and keep going because I know You are with me. Thank You for loving me and making everything new. In Jesus' name. Amen."

**God will make everything  
right in the end.**